

# Minutes

## FREMONT SENIOR CITIZENS COMMISSION

### SPECIAL MEETING

Friday, February 27, 2015

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

#### 1. CALL TO ORDER

Meeting called to order at 9:35 am

#### 2. ROLL CALL

**Present:** Commissioners Churchill, Hobbs, Helton, Kimberlin, Mirchandani, Rhodes-Jones, Walsh, Yamasaki

**Excused:** Commissioners Berndt, Creveling, Ashok, Thomas, Vaidya

#### 3. SALUTE TO THE FLAG

- Commissioner Hobbs led the salute to the flag.

#### 4. APPROVAL OF MINUTES of the Regular Meeting of January 16, 2015

- Commissioner Mirchandani moved that the minutes from the January 16, 2015 meeting be accepted as presented. Commissioner Rhodes-Jones seconded the motion.

**Abstained** – Commissioner Walsh

**Yays** – Commissioners Churchill, Hobbs, Kimberlin, Mirchandani, Rhodes-Jones & Yamasaki.

**Nays** – None

Commissioner Helton was not present at the time of this vote.

*M/S/P*

#### 5. ORAL COMMUNICATIONS

No Oral Communication

## **6. WRITTEN COMMUNICATIONS**

- Senior Update
- Senior Commission Roster/Contact Information
  - The roster will be emailed to commissioners. Hard copies are available.

## **7. OLD BUSINESS**

- No Old Business

## **8. NEW BUSINESS**

### **8.1 Alameda County Water District (ACWD) Rate Increase Concerns –**

Karen Grimsich, Administrator Aging and Family Services

- Karen introduced Eric Tsai, a community member who submitted a letter to the commission. The commissioners asked for more information.
- Eric walked the commission through his concerns about the increases in ACWD by going through the handout.
- Eric shared things he feels the Senior Commission can do to help address this issue (last page of handout).
- Q & A

### **8.2 Brown Act Training – Bronwen Lacey, Deputy City Attorney**

- Karen introduced Bronwen Lacey, Deputy City Attorney
- Bronwen explained what the Brown Act is and how it works.
- Bronwen went through the handout and reviewed each section.
- The attendance policy was reviewed.
- Q & A

## **9. COMMISSION REPORTS**

### **9.1 Health Issues – Commissioner Helton**

Commissioner Helton gave a report on finding nursing homes – skilled nursing (getting information, etc.) [www.nursinghomeguide.org](http://www.nursinghomeguide.org) (California Advocates For Nursing Home Reform) was one of the sites she recommended to use.

Commissioner Helton also shared that “surfing the web” provides brain stimulation (especially for those that do it already).

## **10. COMMISSION REFERRALS**

- **Commissioner Helton** – Kaiser provides free books/magazines to their patients. How can the commission help older adults get books?
- It was suggested by Bronwen Lacey that the Senior Commission should reach out to Library Advisory Commission for help in this area.
- **Commissioner Churchill** – Follow-up with meeting with Newark/Union City.
- **Water Rate Issue** – Invite Robert Shaver to the meeting. Commissioner Kimberlin was going to follow-up on this item and get back to Karen Grimsich.
- How to Bridge the Gap Between Seniors and Commission?

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services** – Karen Grimsich, Administrator AFS

- Karen introduced Trang Nguyen, AFS Administrative Assistant.
- Karen announced the Family Caregiver Support Program Counselor's, Nancy Rothschild, retirement in March. They have been able to increase the hours and the staff person will be spending a portion of their time here at the Senior Center doing Caregiver Support.
- Karen shared that the work on the budget for 2015/16 FY is in process. Negotiating to get new tables and chairs at the Senior Center.
- Karen shared that people can dispose of their unused medication at Washington Hospital & Washington West.
- The process for finding an Assistant Chef has been started.

### **11.2 Senior Center** – Linda Olla, Senior Center Manager

- Crab Feed – Linda thanked everyone that contributed. She shared that everyone loved the new venue and that there were 300 people in attendance. To date, \$30,000 has been brought in. She does not have the net yet. Everyone involved worked very hard!!

## **Adjournment**

- There being no further business, the meeting was adjourned at 11: 09 am.

Respectfully submitted by Lynn R. Hood, Recording Secretary